Bone marrow stromal cells (BMSC) are multipotent stem cells and are considered good candidates for cell restoration in injured brain tissue. The aim of this study is to learn if rat BMSC express brain-derived neurotrophic factor (BDNF) and glia-derived nerve factor (GDNF) and determine if this expression varies according to the number of culture passages. The presence of BDNF and GDNF mRNA was determined by RT-PCR and protein expression was evaluated by Western Blot. GDNF production in individual cells in the culture was analyzed by Immunocytochemistry. Our results indicated that rat BMSC produce BDNF, at least until passage number 12. Nevertheless, GDNF production only takes place at passages 7 and 12. In conclusion, the expression of BDNF and GDNF by BMSC varies according to their mature state; both neurotrophic factors only are present after passage 7 which should be taken into account for their utilization as a therapeutic option of neurodegenerative diseases.

Keywords: bone marrow stromal cells, immunocytochemistry, neurotrophic factors, RT-PCR, western blot
the evaluation of the capacity of these cells to express BDNF and GDNF at different growth stages is relevant. This information could be useful for selecting the best number of passages at which BMSC should be implanted in animal models for neurological diseases.

Materials and methods

Isolation, culture and expansion of rat bone marrow stromal cells

Samples of BMSC were isolated from adult Wistar male rats. Whole bone marrow was extruded from femurs using a-MEM culture medium (Gibco). Clumps of bone marrow were centrifuged and the supernatant was discarded to remove debris. Pelleted cells were resuspended in a-MEM containing 10% fetal bovine serum (FBS) (HyClone), 2mM L-glutamine (Gibco) and 100U/mL of penicillin-100μg/mL of streptomycin (Gibco) and seeded in 25-cm² culture flasks. After 48 h, non-adherent cells were removed by replacing the medium. Culture medium was changed every 4 days. When the culture monolayer reached a confluence of about 90%, cells were detached with 0.25% trypsin and replated.

Total RNA and protein isolation

Once BMSC at passages 2, 7, and 12 had reached a confluence of approximately 90%, cell culture media was suctioned off and the surface was washed twice with phosphate buffer (NaCl 8 g/L; KCl 0.2 g/L; Na₂HPO₄ 1.09 g/L; KH₂PO₄ 0.26 g/L, pH 7.2). Total RNA and proteins from cellular homogenates were extracted using Trizol (Roche Diagnostics). Protein concentration was quantified by Bicinchoninic Acid method.

Reverse Transcriptase-Polymerase Chain Reaction Analysis

Complementary DNA (cDNA) from each sample was synthesized from 5 μg of total RNA with 0.5 μg oligo(dT)15 (Invitrogen). The mixture was heated to 70 °C for 10 min. First-strand buffer, 0.1 M DTT, and 25 mM dNTPs were added and the mixed contents were incubated at 42 °C for 2 min. One microliter of M-MLV reverse transcriptase (Invitrogen) was added and the mixture was incubated at 42 °C for 50 min. The reaction was inactivated by heating at 75 °C for 15 min.

PCR reactions were carried out using 2 μL of cDNA mixed with 25 mM dNTPs, 50 nucleotides of each primer, 5 μL of DMSO, and 1U Taq DNA polymerase (Invitrogen). Cycling conditions were: 94 °C for 3 min; 40 cycles of 94 °C for 1 min, annealing temperature for 1 min, 72 °C for 1 min; and 72 °C for 5 min. The sequence of each primer, the annealing temperature (°C), and the corresponding product length (bp) are given in Table 1. Water was used as the negative control. Immunoreactive bands were visualized with ethidium bromide (Table 1).

Evaluation of BDNF and GDNF expression by Immunocytochemistry

BMSC were grown on glass coverslips, fixed with 4% paraformaldehyde and treated with 0.5% triton X-100. Non-specific binding was blocked with 0.5% IgG-free bovine serum albumin (BSA). Coverslips were incubated with rabbit polyclonal antibody against GDNF (Vector Laboratories), and developed with Fluorescein-Strep-tavidin (Vector Laboratories). Cells incubated with 0.2% triton X-100 instead of the primary antibody served as negative controls. Coverslips were mounted on clean glass slides using Vectashield. Immunoreactive cells were visualized on an Olympus BX51 fluorescence microscope, and images captured using the Image Pro Acquisition and Analysis software (UVP). Cells were counterstained with DAPI (4',6-diamino-2-phenilindol, Vector Laboratories) to reveal the nuclei.

Results and discussion

Isolation, culture and expansion of rat BMSCs

We have observed that BMSC cultures are mainly composed of two morphologically distinct cellular populations and the prevalence of these populations differs among early and later passages. Cultures at passage 2 contained: a) cells with flat and polygonal appearance, and b) predominant small and fibroblast-like cells (Figure 1A). In contrast, BMSC cultures at passage 7 and 12 were more homogeneous, with a preponderance of flat cells (Figures 1B and C). These results are in agreement with previous data obtained by other research groups [18-20].

Observation of human BMSC cultures employing phase contrast microscopy has shown changes in the morphology of cells as a function of time in the culture and with the number of passages [18]. Thus, fibroblast-like cells became flat and polygonal, relatively mature, which predominate in cultures approaching senescence [19-21] (Figure 1).
Expression of BDNF in bone marrow stromal cells

Rat bone marrow stromal cells expressed BDNF as determined by RT-PCR (Figure 2A, upper panel) and Western blot (Figure 2B, upper panel), as early as passage 2. Moreover, these cells maintain the ability to produce this neurotrophic factor during the three culture passages evaluated.

Studies regarding the ability of BMSCs to synthesize neurotrophic factors show contradictory results. Nerve growth factor (NGF), BDNF, and GDNF production in mice BMSCs has been evaluated in fresh culture media by ELISA. This study revealed that murine BMSCs produce NGF but not BDNF or GDNF [13]. Nevertheless, it has been shown by RT-PCR that BMSCs from mice, after passage 3, are able to express NGF and BDNF [14]. In a similar study performed in human stromal cells the existence of BDNF mRNA was confirmed [15]. Comparable results have been obtained in rat BMSC cultures at passage 5, where the presence of NGF and BDNF mRNA has been documented [22].

We observed less BDNF mRNA and protein as the number of passages in the culture increased (Figure 2A and 2B, upper panels). It has been documented that changes in cellular morphology are associated with changes in patterns of gene expression [20, 24]. Hence, cultures enriched for fibroblastic-like cells at early passages could have a greater potential to produce BDNF than cultures with a preponderance of large and mature cells.

BDNF is initially synthesized as a preprotein. The pre-domain is cleaved off, yielding proproteins which can undergo further post-translational modifications [25]. The proBDNF may be cleaved intracellularly to release mature BDNF, but when BDNF is over-expressed, the proform is modified extracellularly [26]. PreproBDNF, proBDNF, and mature BDNF are detectable by Western Blot as bands averaging 42, 32, and 14 kDa respectively [27, 28].

In our study, only the fragment corresponding to the propreoprotein was labeled in all BMSC passages evaluated. The lack of proprotein and mature BDNF recognition in this study could due to the possible release of these molecules into the extracellular space and only the propreoprotein is present in cellular homogenates (Figure 2).

Expression of GDNF in bone marrow stromal cells

Rat bone marrow stromal cells failed to express GDNF at passage 2, as assessed by RT-PCR. Amplification products of this transcript were only detected at passage 7 and 12 (Figure 2A, middle panel). Protein expression by Western Blot confirmed these results, the fragment corresponding to GDNF was not detected in any cell culture at passage 2 (Figure 2B, middle panel).

Taking into account that RT-PCR allows the detection of very low levels of mRNA; our data indicates that cultures of BMSC at passage 2 do not express GDNF. However, the presence of GDNF mRNA was detected in BMSC cultures at passages 7 and 12. Our group was the first to report GDNF expression by rat BMSC and this result agrees with several reports [14, 15, 22]. We also confirmed the expression at the three passages evaluated, which had not been reported previously.

Our results contrast with those reported by Yang et al. [13]. These authors did not detect BDNF in the culture media from fresh murine BMSC [13]. This disagreement could be due to two factors: first, the sample used; and second, the species analyzed. Yang et al. assessed the presence of BDNF in the culture supernatant from fresh BMSC at early passages; where protein concentration, if present, may be very low. In contrast, we evaluated the presence of the protein in cellular homogenates where there should be a higher quantity of BDNF. On the other hand, comparisons of BMSC from different strains of mice demonstrated that certain properties are strain specific [23].

These features include doubling time, differentiation potential, optimal growth media requirements, propagation rates, and the presence of surface epitopes. Hence, there may be differences in the expression patterns of neurotrophic factors between rat and mouse BMSC.

Figure 1. Phase contrast microscopy of rat bone marrow stromal cells cultures at passage 2 (A), 7 (B), and 12 (C). Arrows point out small and fibroblastic-like cells and arrow heads indicate cells with flat and polygonal appearance (Magnification, 20X).
BMSC, and only a few studies have been published since then [16].

GDNF expression in genetically unmodified BMSC has been evaluated in two studies. Yang et al. found that fresh murine BMSC did not secrete GDNF [13]. More recently, Ye et al. assessed the production of GDNF in rat BMSC at passage 2; after 3, 7, and 10 days in the culture [29]. This study revealed that BMSC were able to secrete GDNF and that the production of this neurotrophic factor gradually increased with time in the culture, with a maximum at 10 days. These authors considered that this increase was associated to a larger number of cells and greater growth rate [29].

Our results are consistent with those of Yang et al. [13], but they differ from the results of Ye et al. [29]. This difference could be due to the cell culture medium used in both experiments. Ye et al. cultured cells in DMEM containing 20% FBS whereas we used α-MEM supplemented with 10% of FBS. Studies show that BMSC are very sensitive to soluble factors from the culture medium [30]. Hence, discrepancies between these results and ours might be due to culture conditions.

Western Blot using an antibody against GDNF revealed the presence of two bands. The mature form of this protein has a molecular weight of 16 kDa and the glycosylated form of the mature GDNF has molecular masses of 20 or 23 kDa [31]. However, GDNF preferentially exists as homodimer [8] which forms a complex with several molecules of heparin. This glycosylated homodimer has molecular weights ranging from 33 to 45 kDa [32]. These immunoreactive bands, which were detected in this study, were broad and this is characteristic of glycosylated GDNF [31].

Relative intensity of bands corresponding to these molecular species varies when increasing the number passages. We assume that this is because BMSC cultures are formed by a diverse repertoire of distinct sub-populations, with different degrees of maturity, and therefore different patterns of gene expression.

To evaluate if BMSC at passage 2 did indeed secrete GDNF but at very low levels, an immunocytochemistry study was performed. This approach is very sensitive and makes it possible to study protein expression of different cellular populations in the same culture. Results agreed with those mentioned above. The production of GDNF in BMSC at passage 2 was not detected, whereas cells in passage 7 and 12 expressed this neurotrophic factor (Figure 3). It is possible that BMSC at different stages of growth, undergo molecular reorganization processes in which they acquire the ability to produce GDNF (Figure 3).

Stem cells could be an important source for cellular restoration in degenerative and traumatic neuronal diseases. Neuronal survival and functioning depend on the availability of sufficient amounts of growth fac-

Figure 2. BDNF and GDNF expression in BMSC. A) RT-PCR products corresponding to the amplified segments of BDNF (130 bp), GDNF (636 bp), and β-actin (379 bp). Lane 1: 1 Kb DNA Ladder nucleic acid marker (Invitrogen); Lane 2: negative control. Lane 3, 4, and 5: RT-PCR products from BMSC at passages 2, 7, and 12 respectively. B) BDNF, GDNF, and β-actin expression identified by Western Blot. Lanes 1, 2, and 3: protein expression from BMSC at passage 2, 7, and 12 respectively.

Figure 3. Immunocytochemical analysis of GDNF expression in individual BMSC at passages 2, 7, and 12 (Magnification, 40X). DAPI staining of nuclei (I), GDNF (II), merge (III).
tors [33]. For this reason, the ability of BMSC to produce BDNF and GDNF supports the use of these cells as biological therapeutic vehicles for the treatment of neurological disorders. BDNF and GDNF production in BMSC can facilitate their differentiation into neural phenotypes [22]. Moreover, these characteristics may help restore neural circuits, either through the differentiation of these cells into neurons per se or by trophic support. Taking into consideration that BMSC at passage 7 have the ability to produce BDNF and GDNF, both known to be relevant to therapy in a variety of neurodegenerative diseases, we consider that stromal cells should be collected at this passage for implanting in animal models of these disorders.

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